

## 4. Time Trial Rules

### 4.1. General

- 4.1.1. All members competing in time trials shall be BC or CTC members for their own protection.
- 4.1.2. A Veteran is one who has attained the age of forty years.
- 4.1.3. For club time trial purposes only, both juvenile and junior club membership will extend to 31st December in the following membership year, provided that the appropriate membership subscription has been paid for that year (See Definition of Terms 4.4.7).
- 4.1.4. No Juvenile will be permitted to participate in time trials of more than 30 miles and that no junior member may compete in time trials of more than 50 miles unless granted permission by the club committee.
- 4.1.5. Entries will only be accepted from teams or classes of machine as specified in the programme of club time trials published at the start of the season, except that tandems will be allowed to enter solo unrestricted events as privates.
- 4.1.6. The club time trial entry fee to be proposed by the TT Secretary and agreed by the Committee at the start of each season.
- 4.1.7. Entries for Sunday club events are to be made by the Wednesday before the event.  
**Note:** If no more than three prior entries are received, the event shall be cancelled and the entrants notified. Entrants who do not start will be obliged to pay the stipulated entry fee. Members entering on the line will be classed as Private Time Trials and will only be accepted at the discretion of the time-keeper.
- 4.1.8. Handicapping for club events will be done by the Club handicapper.

### 4.2. Time Trial Championships

#### 4.2.1. Senior TT Championship (Championship Cup)

Events to Count:

Any Time Trial in the National CTT Handbook or Club TT Programme except the Christmas 10.

Awarded to:

The Club Rider with the fastest Combined Average Speed over a 10, 25, and 50 mile event.

#### 4.2.2. Ladies TT Championship (Ladies Championship Cup)

Events to Count:

Any Time Trial in the National CTT Handbook or Club TT Programme except the Christmas 10.

Awarded to:

The Club Lady Rider with the fastest Combined Average Speed over a 10, 25, and 30 mile event.

#### 4.2.3. Handicap TT Championship (Handicap Championship Trophy)

Events to Count:

Any Time Trial in the National CTT Handbook or Club TT Programme except the Christmas 10.

Awarded to:

The Club Rider with the fastest Handicap Combined Average Speed over a 10, 25, and 50 mile event.

#### 4.2.4. Junior TT Championship (Junior Championship Shield)

Events to Count:

Any Time Trial in the Club TT Programme except the Christmas 10.

Awarded to:

The Club Junior Rider with the fastest Combined Average Speed over a 10, 25, and 30 mile event.

#### 4.2.5. Juvenile TT Championship (Juvenile Championship Cup)

Events to Count:

Any Time Trial in the Club TT Programme except the Christmas 10.

Awarded to:

The Club Juvenile Rider with the fastest average speed over two 10 mile events.

**4.2.6. Veterans Handicap TT Championship (Bleriot Trophy)**

Events to Count:

Veteran Handicap Time Trial Events in the Club TT Programme.

Awarded to:

The Club Veteran Rider with the fastest Handicap Combined Average Speed over a 10, 25, 30 and 50 mile event. (Note that for this event the Handicap is based on previous performance and is not dependent upon the age of the rider, although the rider must be over 40 years of age).

**4.2.7. 10 mile (10 Mile Cup), 25 mile (Hinds 25 Cup), 30 mile (currently no award), 50 mile (Founders Cup), 100 mile (100 Mile Cup) and 12 hour (12 Hour Cup) TT Championships**

Events to Count:

The Championship Time Trial Events at these distances in the Club TT Programme.

Awarded to:

The fastest Club Rider in each of these events.

**4.2.8. Ladies 10 and 25 mile TT Championships (Cecil 10 Mile Shield and Annette 25 Miles Cup)**

Events to Count:

The 10 and 25 mile Championship Time Trial Events in the Club TT Programme

Awarded to:

The fastest Lady Club Rider in each event.

**4.2.9. Junior 10 and 25 mile TT Championships (Junior 10 Mile Cup and Arthur Holmes Cup).**

Events to Count:

The 10 and 25 mile Championship Time Trial Events in the Club TT Programme.

Awarded to:

The fastest Club Junior Rider in each event.

4.2.10. Qualifying rides for the club championships must be ridden in the name of the club.

**4.3. Annual Competitions and Time Trial Leagues**

**4.3.1. Veterans Age Standard Competition (Bert Spencer Trophy)**

Events to Count:

Any Time Trial in the Club TT Programme except the Christmas 10.

Awarded to:

The Club Veteran Rider with the highest Total Veteran's Age Standard Plus Time over a 10, 25, and 50 mile event. (Note that this event is based on the VTTA standard times which depend on the age and sex of the rider and riders must be over 40 years of age).

**4.3.2. Mignot Trophy:**

Events to Count:

Any TT in the National CTT Handbook or Club TT Programme except the Christmas 10.

Awarded to:

The Club rider over 30 years of age who records the fastest Combined Average Speed over a 25, 50, and 100 mile event.

**4.3.3. Ian Wiekstra Cup**

Events to Count:

Any TT in the National CTT Handbook or Club TT Programme except the Christmas 10.

Awarded to:

The Club rider who records the fastest speed in a 25 mile event.

**4.3.3. Haden Cup**

Events to Count:

Any TT in the National CTT Handbook or Club TT Programme except the Christmas 10.

Awarded to:

The Club rider who records the highest Veteran's Age Standard Plus Time in a 10 mile event.

#### 4.3.4. **Sunday Time Trial League**

Events to count:

Sunday Time Trial League Events in the Club TT Programme (Majority of Events to Count).

Awarded to:

Scratch Awards (Phoenix Cup):

The Club Riders with the most points.

Ladies Awards:

The Lady Club Riders with the most points.

Junior Awards:

The Junior or Juvenile Club Riders with the most points.

Juvenile Awards:

The Juvenile Club Riders with the most points.

Handicap Awards (Goss Bros Cup):

The Club Riders with the most points scored on Handicap (i.e. using position adjusted by Handicap time at that distance).

Veteran Awards:

The Veteran Club Riders with the most points scored on Veteran Handicap (i.e. using position determined by Veteran's Age Standard Plus Time).

#### 4.3.5. **Evening Time Trial League**

Events to count:

Evening Time Trial League Events in the Club TT Programme (Majority of Events to Count).

Awarded to:

Scratch Awards (Evening TT League Cup):

The Club Riders with the most points.

Ladies Awards:

The Lady Club Riders with the most points.

Junior / Juvenile Awards:

The Junior or Juvenile Club Riders with the most points.

Veteran Awards:

The Veteran Club Riders with the most points scored on Veteran Handicap (i.e. using position determined by Veteran's Age Standard Plus Time).

#### 4.3.6 **Easter Egg 10 Mile Cup, Christmas 10 Mile Cup, Hillclimb Cup**

Awarded to:

The Club rider with the best position in these events

#### 4.3.7 **Norman Wells Cup**

Awarded to:

The fastest rider in the Norman Wells 50 Time Trial (including non Club riders).

#### 4.3.8 **Bob Hayworth Individual Cup**

Awarded to:

The fastest rider from the Club or the Chelmer Cycling Club in the Southend/Chelmer/Colchester/Maldon Interclub.

#### 4.3.9 **Bob Hayworth Team Cup**

Awarded to:

The fastest team of from the Club or the Chelmer Cycling Club in the Southend/Chelmer/Colchester/Maldon Interclub.

#### 4.4. Notes on Sections 4.2 & 4.3

##### 4.4.1. Events to Count

The Christmas 10 is not counted in any of the competitions except the Christmas 10 Cup to prevent unnecessary delays in preparing awards.

Multiple rider events do not count towards any competition with the exception of the Evening League 2-up events which count towards the Evening League Scratch Awards but not the Vets, Ladies, Junior, or Juvenile events.

In the event of cancellation of one of the events in the Club TT Programme an alternative, replacement event may be nominated by the Time Trial Secretary after the start of the season (normally these alternatives should be ratified by the Committee).

##### 4.4.2. Majority of Events to Count:

“Majority of Events to Count” indicates that a maximum of one event more than half the events actually held in that competition, rounded down, may be counted (e.g. if 14 or 15 events take place, then a maximum of 8 events may be counted).

##### 4.4.3. Veteran’s Age Standard Plus Time and Total Veteran’s Age Standard Plus Time:

“Veteran’s Age Standard Plus Time” is the veteran standard time for that rider’s age and gender at that distance as published by the Veteran Time Trial Association (VTTA) less their actual time. “Total Veteran’s Age Standard Plus Time” is the sum of their best Veteran’s Age Standard Plus Times at each distance.

##### 4.4.4. Handicap Time

A rider’s “Handicap Time” for a distance is their actual time adjusted by their Handicap time for that distance which is set by the Club Handicapper based on their fastest times in the last three seasons at that distance using the Club Handicap Tables. The Handicapper’s decision is final and although a rider may query a handicap, it is not open to appeal.

##### 4.4.5. Handicap Combined Average Speed over 10, 25, and 50 miles events

A rider’s “Handicap Combined Average Speed over 10, 25, and 50 mile events” is calculated as:

$(10 \div \text{Handicap Time for 10 mls}) + (25 \div \text{Handicap Time for 25 mls}) + (50 \div \text{Handicap Time for 50 mls})$   
Divided by three.

##### 4.4.6. Combined Average Speeds

A rider’s “Combined Average Speed over 10, 25 and 50 miles events” is calculated as:

$(10 \div \text{Best time in 10 ml events}) + (25 \div \text{Best time in 25 ml events}) + (50 \div \text{Best time in 50 ml events})$   
Divided by three.

All other Combined Average Speeds (e.g. “Combined Average Speed over 10, 25, and 30 mile events” etc.) are calculated in a similar way.

In each case all the times required by the calculation must have been recorded in the qualifying Events to Count in order to record an Average Speed and qualify.

##### 4.4.7. Rider Categories

For the purpose of Club TT Competitions rider age categories are defined as follows:

Juvenile – Until 31 December of the year of their sixteenth birthday.

Junior – From ceasing to be a Juvenile until 31 December of the year of their eighteenth birthday.

Veteran – Forty years of age or over on the day of the event.

Notes:

1. Juveniles can compete in Junior Competitions provided that they are allowed to ride (see section 4.1.4).
2. A Lady Rider in any age group including Juvenile and Junior can compete in the Ladies Competitions.
3. Senior Competitions are open to riders in any age group provided that they are allowed to ride (see section 4.1.4).

4. East Essex Tri Club Juvenile and Junior members qualify to compete in Club Competitions at the discretion of the committee.

**4.4.8. Points awarded in Club Time Trial Leagues:**

Points are awarded in the Club Time Trial Leagues as follows:

The winner of each competition to receive 60 points, reduced by one point for each place down to 60th place.

**4.5. Time Trial Awards**

**4.5.1. The Club Time Trial Championships:-**

The Senior Club Time Trial Champions to take cup and medal.

Runners up to receive medal.

Club Time Trial Ladies, Junior and Juvenile Champions to take cup and medal.

Club Time Trial Handicap Champion to take trophy and medal.

Club championship medals to be of gold appearance, runners up medal to be of silver appearance and they must be distinctive from standard medals.

**Note:** Champions must take championship medals. It is not permissible to take the "value" in order to buy other prizes.

4.5.2. The amount of all time trial awards, based on the number of entries received, will be determined by the club committee. Unless amended by the committee awards will normally be given to:

The first 3 places or to 50% of those competing excepting the Evening TT League where:

Awards to be given to the first six male riders.

Awards to be given to the first three Lady riders and competitors medals to be given to all Lady riders who complete five events.

Awards to be given to the first three Junior/Juvenile riders and competitors medals to be given to all Junior/Juvenile riders who complete five events.

4.5.3. Club medals are to be awarded on every occasion that an individual or team record is broken.

4.5.4. A certificate showing the fastest times achieved by a member in a season will be available on request.

**4.6. Time Trial Records**

4.6.1. All categories of competition records listed in the CTT handbook are recognised for club records and Veterans age related records as specified by the VTTA. No other categories will be allowed unless agreed by a General Meeting of club members.

4.6.2. Members must make a written claim, supported by documentary evidence if necessary within 28 days of establishing or breaking a record.

4.6.3. A club record shall be nullified if the member does not retain continuous full membership for at least one year after the record has been set.