

SOUTHEND WHEELERS

Southend Wheelers youth coaching – What's next for the participants?

What's next - Time trialling 2025 – riders 12 + years can ride the Club's time trial programme. There are suitable 7 mile and 10 miles races for under 16's.

<https://www.southendwheelers.org/timetrials>

What's next - Circuit racing 2025- We are fortunate to have four closed circuits within an hour or so of Southend (traffic permitting!) These are:

- [Colchester Northern Gateway Cycle Circuit](#)
- [Cyclopark Gravesend](#)
- [Lee Valley Velo Park](#) (at the Queen Elizabeth Olympic Park, Stratford)
- [Redbridge Cycle Circuit](#) (Hog Hill)

What's next - Track racing & training -all year round.

Herne Hill Velodrome

<https://www.hernehillvelodrome.com/>

Lee Valley Velodrome

<https://www.visitleevalley.org.uk/lee-valley-velopark>

What's next – Off road cycling all year round.

In our catchment area there is [Hadleigh Park](#), the venue for the London 2012 Olympic MTB races. It is a stunning venue for MTB leisure riders or racers. Like skiing it has blue, red and black trails marked out so it's easy to pick a route suited to your ability. There is also a skills track and pump tracks to practise on and the hub cafe for the well-deserved cake and coffee after the ride. It occasionally hosts the BC XC Mountain bike championships and [XC Series](#)

We will also be promoting an event at Garon Park as part of [the Travers MTB east](#) in 2025, on 25th May.

Southend Wheelers have occasional MTB evening rides and weekend rides. The Club also has an MTB time trial competition for the Fat Tyre Trophy over 10 miles each year.

What's next – BMX all year round.

Braintree BMX club is the biggest in Essex. <https://braintreebmx.com>

Lee Valley Velo Park has an outdoor BMX track that was used for the L2012 Olympics. <https://www.visitleevalley.org.uk/lee-valley-velopark>